

CHERAN GROUP OF INSTITUTIONS

COIMBATORE . KANGEYAM . TIRUPUR .

January 21, 2020

NEWSLETTER

VOL - 1 | E - NEWSLETTER



**WE VALUE
KNOWLEDGE
ABOVE ALL**

OUR COLLEGES

Cheran College of Pharmacy

Cheran College of Nursing

Cheran College of Physiotherapy

Cheran College for Women

Cheran Arts and Science College

S.M.S College Of Arts and Science

The Principal's Message

As the principal of this esteemed institution, I take the pleasure of pen down a few lines about the college with an overwhelmed joy. Cheran College of Nursing offers a high-quality education that is career-oriented binding, with an enriched tradition. Our institution sets up a unique framework that develops critical thinking skills, and competencies required for the nursing practice. Our college provides a strong knowledge of the fundamentals of nursing such that they became experts in the health-care industry.

The increasing demand for nursing professionals offers diverse opportunities to become health care leaders in the medical field. Cheran College of Nursing endeavors to produce professional leaders with unique personalities through innovative programs that match the demands of the industry.

I assure you that Cheran College of Nursing creates a new standard in nursing education and ensure that the trained professionals match criteria of the international standards.

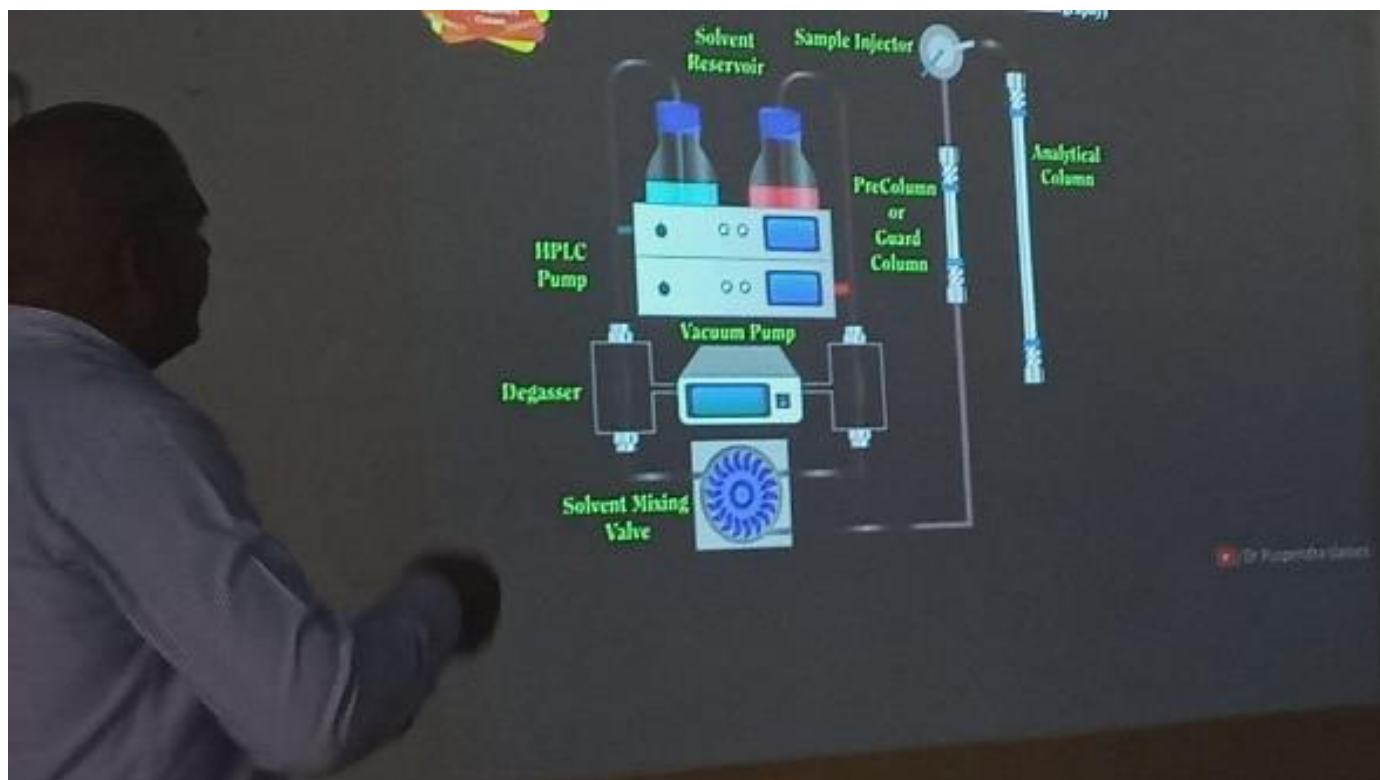
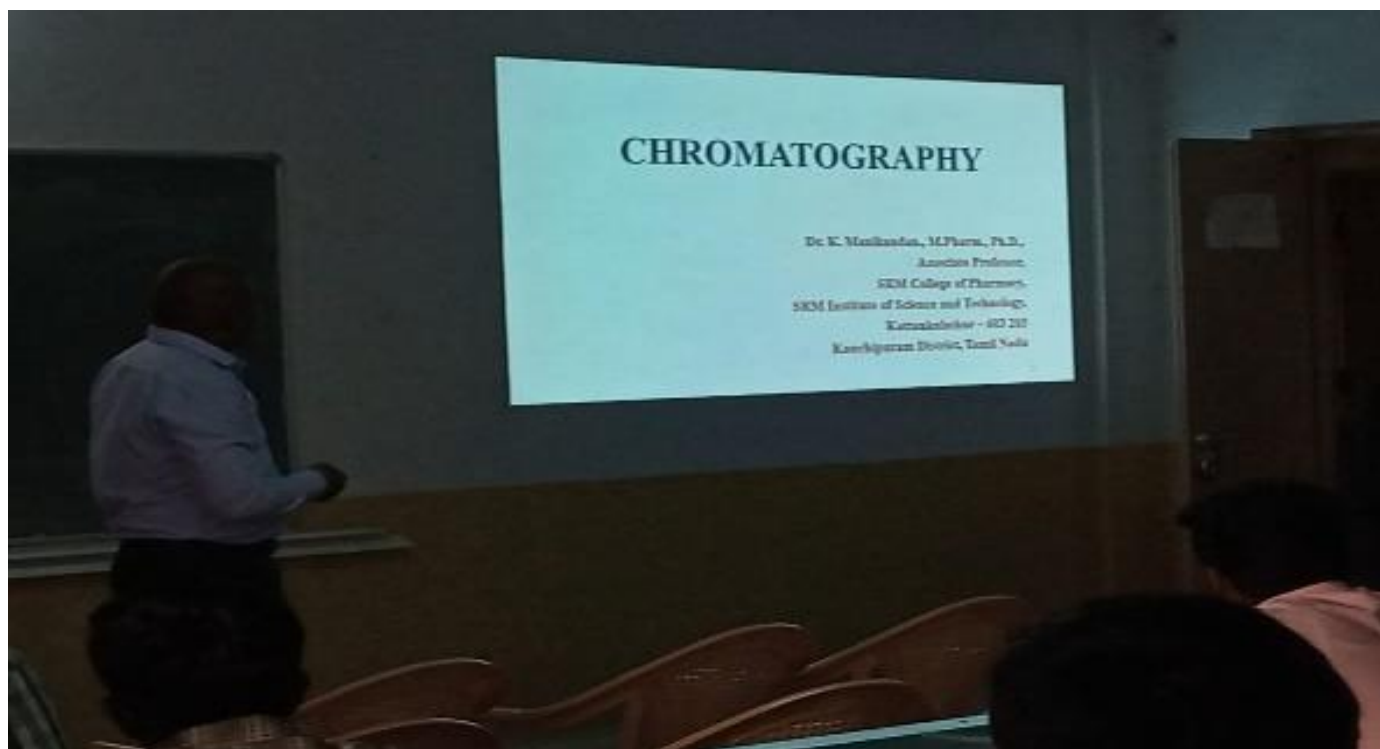
I wholeheartedly welcome you to the Cheran College of Nursing to explore the high-end education accompanied by experienced faculties.



Cheran colleges

Cheran College of Pharmacy - Coimbatore

1. **Guest Lecture - Chromatographic Techniques and their advancement in applications** on 18.10.2019
Dr. K. Manikandan, SRM University, Chennai was the chief guest





2. Guest Lecture - Theoretical Basis for In-Silico Methods in Biopharmaceutics and Pharmacokinetics.
on 23.10.2019 Dr. M. Rajkumar, USV Ltd., Mumbai was the chief guest.





3. International Men Day On 19.11.2019,



4. Conservation of Petroleum and LPG gas was celebrated on 21.11.2019



5. KAVALAN SOS is an awareness session about safety of women, organized on 18th December 2019.
Mr.Sugavanam, Inspector of Police, Perur has given the training on Safe guarding oneself with Kavalan SOS Mobile App



Cheran College of Nursing - Coimbatore

1. “Fresher’s Party” on 29.11.2019



2. SCHOOL HEALTH SERVICE PROGRAMME BY COMMUNITY HEALTH NURSING DEPARTMENT on 5th, 6th & 9th December 2019



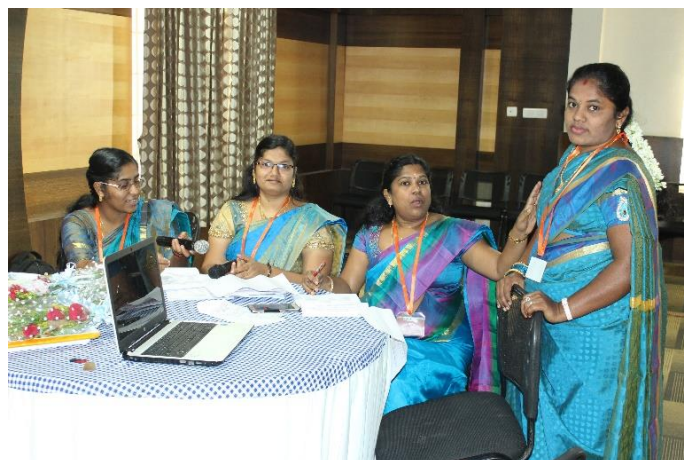
3. Farewell Programme on 12.7.2019,



4. Christmas programme was celebrated on 21st December 2019



5. State level Conference on “Qualitative research – Complex the task grease the wheels”
on 18.12.2017



6. Industrial Visit Cum Tour in Karnataka on 5th Dec to 8th Dec 2019



Cheran College of Nursing - Coimbatore

PRINCIPAL MESSAGE

I am delighted that the staffs and students of Cherraan's college of physiotherapy are bring out a news letter on the occasion of our **14th Graduation Day**.

Physiotherapy as a independent profession has an important role to play in every branch of medicine and hence it has got enormous scope.

Physical therapy and rehabilitation have geared up to the level of supporting patients to achieve a fulfillment in the task of health attainment.

It's a pleasure to recollect the sweet memories and feel the initial drive and efforts taken throughtout the journey which is a sucessful profile, that holds all the pulse and records of the team's effort and achivements.

I wish all success to the editorial committee for their enthusiastic endeavours.

Academic:

Management and staffs are taking all measures to maintain sound academic standard for the students every year the Insitution secures 80% of pass percentage in both UG and PG Programs

Students are encouraged to achive distinction in all year of physiotherapy subjects .Curently for the academic year 2018-19 10 students have secure Distinction in various subject from I Yr to IV yr .Students are given excellent exposure in practicals by posting them for clinicals in 13 Hospitals of Coimbatore & Bangalore

The III Year & IV yr Students given special training to present Journal & Case study every week to update their clinical Knowledge

Student Support And Progression :

For each class a tutor is appointed who regularly meets the students individually ,to discuss and counsel them regarding both academic as well as non academic matters

The tutors also get in touch with parents for communicating and discussing matters on academic performance below average students also given special concentration for completing their course on time .

Discipline :

Various academic disciplines are handled by senior faculties which aid in character building .Students offered opportunities for learning life skills outside academic setting

Scholarship:

Provision of scholarship is guided to all eligible students

Alumni

we are very happy and proud to have strong alumni for physiotherapy college students actively take part in updating on recent trends and opportunities available.

All Alumni are placed in World Wide in Singapore ,UK,USA and Gulf Countries.

World Physiotherapy Day

The 8th September every year signifies world Physical Therapy Day and offers an opportunity for our profession to raise awareness about the crucial contribution our profession makes in keeping people well and independent.

To celebrate this, Cherran's College of Physiotherapy had taken great initiatives like organising an awareness rally which comprised of students and teachers.

The students held placards with slogans related to physiotherapy like "Movement for Health", "Physical activity for life", "We put Health in Health" which help in publicizing and creating awareness of the importance of physiotherapy

The Rally was held on 8th sep 2019 between 9am – 11am.

Venue :- From PHC Selvapuram, Near Shivalaya, Coimbatore.

The awareness rally was flagged off by Dr. Kavitha MPT, PHD, from Jeyam Special School.

18 August 2019

Every Year the Management, staffs and students celebrate "**Founder Day**". Students are rewarded for the academic standards.

Blood Donation Camp is conducted on this day

Recently, Management and Students have played active role in helping for flood in Kerala State by donation.

Introduction about College

- The Cherraan's Institute of Health Sciences was established in the year of 1992 under Cheran Foundation Trust at Coimbatore.
- The trust was founded by the Industrialist and Philanthropist Mr.K.C.Palanisamy, BE, Ex- MLA, EX- MP to impart education of higher standards.
- Cherraan's College of physiotherapy was started in the year 1994. Counting successful academic year, 1096 students graduated from here .
- Master of Physiotherapy was later started in the year 2007, 220 students passed out till now.
- Our college offering both UG and PG courses affiliated to the TamilNadu Dr.M.G.R Medical University, Chennai and recognized by Indian Association of physiotherapist.
- The Institute also runs its own outpatient Physiotherapy Clinic which treats around twenty patients per day.

- **SEMINARS**

7th Sep 2019 – Recent Trends in Shoulder Management

On account of celebrating world Physiotherapy day, Cherraan's Colleges of Physiotherapy conducted a special CME program on “ Recent Trends in Shoulder Management” on 7th Sep 2019 by

Dr.Suman CPS

MBBS, MS ortho (UK)

Mch ortho(UK) PGDHM

Dr.G.S.Balachandran

MPT (Ortho)

HOD.Ganga Hospital

12th Jan 2019

Pongal Celebration

Cherraan's college of Physiotherapy organized a Pongal Celebration on 12th January 2019 at its campus. The college had organized rangoli for students and showcased their skills in Silambam. The Boys and Girls dressed in Traditional attire and turned cooks at college ,They lit fire and cooked pongal to usher in the harvest festival, which created a traditional atmosphere.

3 April 2019

On 3rd April 2019, Selvapuram Municipality were associated for the rally conducted by our institution for the awareness of Vote pools ,Nota and to encourage all to vote

19th July 2019

Farewell

On 19th July 2019, in the college auditorium ,students of BPT III Yr (2016 Batch)

Bid farewell to the outgoing students of BPT IV yr (2015 Batch) with great enthusiasm and off course nostalgia.

Students presented very entertaining performances of dance and music.

Token of love and appreciation was given to the students by the faculty of physiotherapy department.

28th August 2019 (Tai Chi)

Our College conduted innovative technique "Tai Chi" described as meditation in motion ,developed in china as stretching,strengthening & balancing practice.

Christmas celebration

25 Dec 2019

With great eager to invite the child jesus, we staffs & students gathered together at seminar hall for a Chirstmas celebration .Celebrations included carols,arrival of santa claus,sweets& cake distribution

28th April 2018

Cherraan's college of physiotherapy conduted a CME program 'Heart Health'on 28th April 208 bv Prof.Dr.A Jegadeeswari MD,DM.It was conducted for the awareness of heart diseases and treatment strategies.

April 2018

In the month of April 2018, Placement session was conducted for Recoup Rehab & SPARRC rehballiation center by Cherraan's College Of Physiotherapy for students of eligibility BPT and MPT degree, which gives good exposure opportunity to the future therapists.

Workshop 8th Sep – 10th Sep 2018

Cherraan's College of Physiotherapy conducted a 3-day workshop between 8th September to 10th September 2018 on Myofascial Therapeutic approaches in musculoskeletal system which has been accredited by the continuing education programme Accreditation committee.

29th Nov 2018

The Institute conducted workshop on "Functional Rehabilitation of Cerebral Palsy" on 29th November 2018 by Dr.Deepak Sharan, Head of Recoup.

Events

29 Nov 2018

Medical camp was held for CP patients to rehabilitate them : which was conducted in Out- Patient department (OPD) of Cherran's College of Physiotherapy on the Presence of Dr.Deepak Sharan Head of Recoup Rehab

23rd April 2017

On 23rd April 2017, the institution conducted a CME program on “ Advanced Management Strategies in Sports injuries and arthritis”.It was informative about various sports injuries and treatment methods.These management strategies were up skilled by Prof.Dr.Suman CPS.

15 June 2017 & 16 June 2017

Event : National Physiotherapy Conference

Venue : PPG College of pHyiotherapy

Date : 15/06/17 & 16/617

Our college participated in the b=national Physiotherapy conference with great enthusiasm

With exploring talents ,students won 1st place in Paper Presentation and in cultural events.

Cultural

- The Annual Cultural Programme of Cheran Institute of Health Sciences was held in the colleges premises in befitting manner
- It was a week – Long Programme

Programme

We conducted various programs – on stage & off stage which includes

- ✓ Rangoli, Mehandi, Face Painting, Mono Art ,Drawing ,Painting etc
- ✓ Dance (solo, Group) Western & folk
- ✓ Singing – (Solo, Group)
- ✓ Mime – Performances
- ✓ Fashion Show
- ✓ Students with exploring talent participate in various program ,with laudable performances.
- ✓ With great enthusiasm the gallery gets echoed with clapping

Sports :

Various games were conducted which included in door & out door events

Chess, Carrom board

Shuttle, Volley ball, Throw ball, Tenicoit, Kabbadi, Kho- Kho, Cricket, Football and athletic events (Running ,Relay, Javelin)

Students with great energy and sportsmanship, They Participates in various events and wins trophies.

Events conducted Year

- | | |
|---------------|------|
| 1. Inspire | 2018 |
| 2. Enthusiasm | 2019 |

24th & 25th April 2016

Cherran's college of Physiotherapy conducted a 2 –Days CME program on “ Dynamic system approach to the Neurological Rehabilitation “ (Hands on Training)

Venue: Seminar Hall ,Physiotherapy Department. The purpose of the program was to create awareness ,impact theoretical knowledge and develop practical skills of PNF, NDT and body awareness therapy (BAT) among therapists.

24 April 2016

The institution conducted workshop on “Manual Therapy for Low Back Pain” (Hands on training) on 24th April 2016

Venue : Seminar Hall ,Physiotherapy Department

It was an useful session which provided mechanical & Manual diagnosis for low back pain.

8th Jan 2011

Institution conducted a work shop on “ Maitland Mobilisation Techniques” a CME program on 8th Jan 2011 by Prof.Kamal Janakiraman MPT., Ph.d and Dr.Karthik MPT .The session was on demonstration on basic assessment and Maitland Mobilisation Techniques of joints.

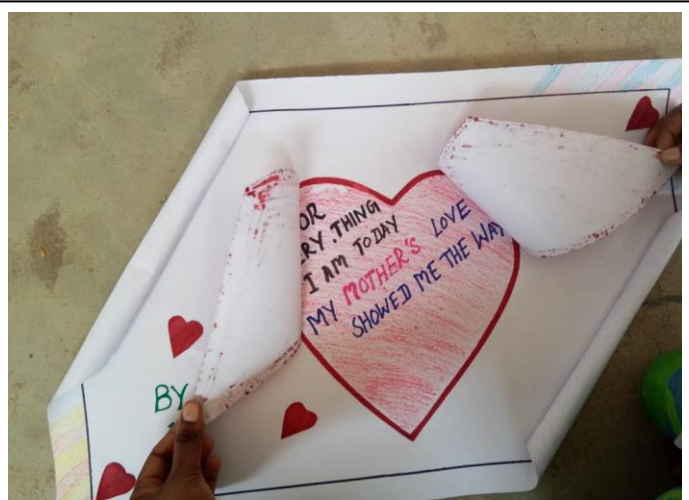
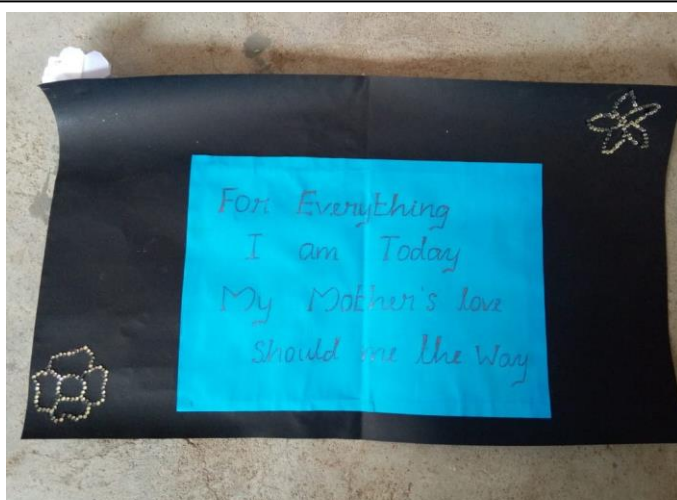
19 Nov 2010

On 19th November 2010 ,our college conducted workshop on “ Muscle energy Techniques”

A CME program which included evaluation of soft tissue & practical session of Muscle energy Technique.

Cheran College for Women

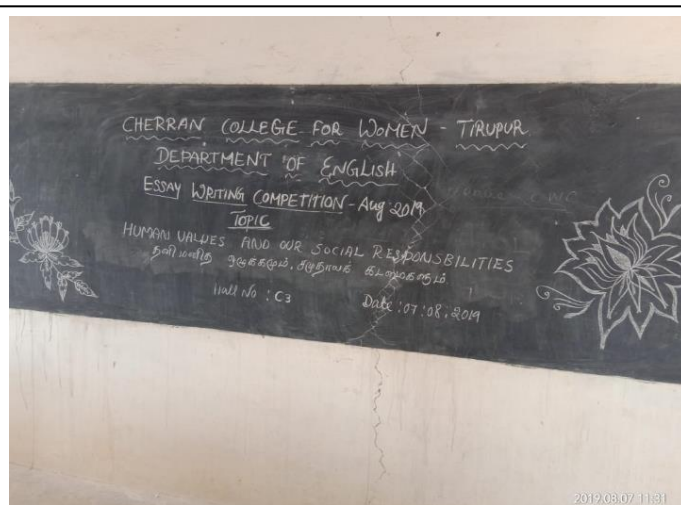
1. Poem recitation contest on 20.12.2019 by english department



2. Tree Plantation by NSS Students on 11.12.2019



3. Essay writing competition on Aug 7, 2019, - By Dept of English



4. Entrepreneurial awareness programme



5. Sports



Cheran Arts and Science College - Kangayam

1. Independence Day celebration on 15.08.2019



2. Founder's day Celebration on 18.08.2019



3. TNPSC inauguration 06.09.2019



4. Nutrition Week Celebration Breast Feeding Awareness Program



5. **Blood Donation Camp** on 18.08.2019



6. **Tamil Peravai Thodakka VIZHA** on 25.07.2019



7. **Kho Kho match** conducted on 13.08.2019



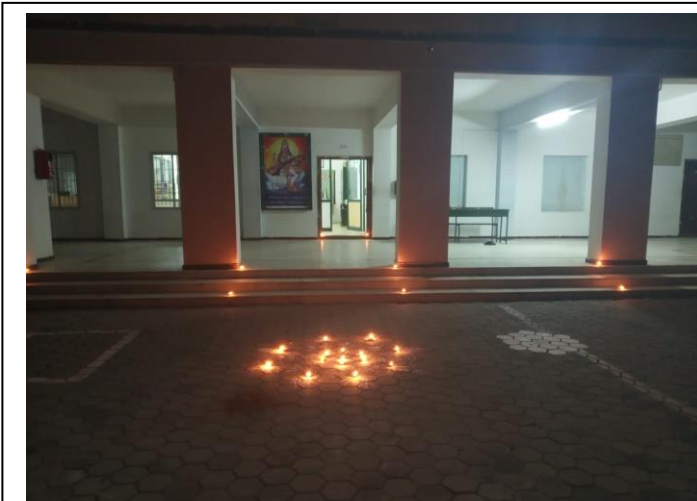
8. Freshers Day on 03.06.2019



9. International Yoga Day Celebration on 21.06.2019



10. Karthigai Deepam Celebration on 10.12.2019



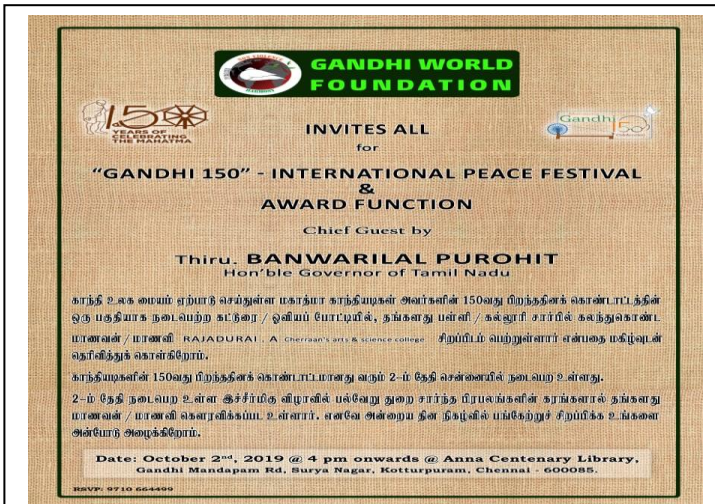
11. Saraswathi and Ayutha pooja Day Celebration on 20.09..2019



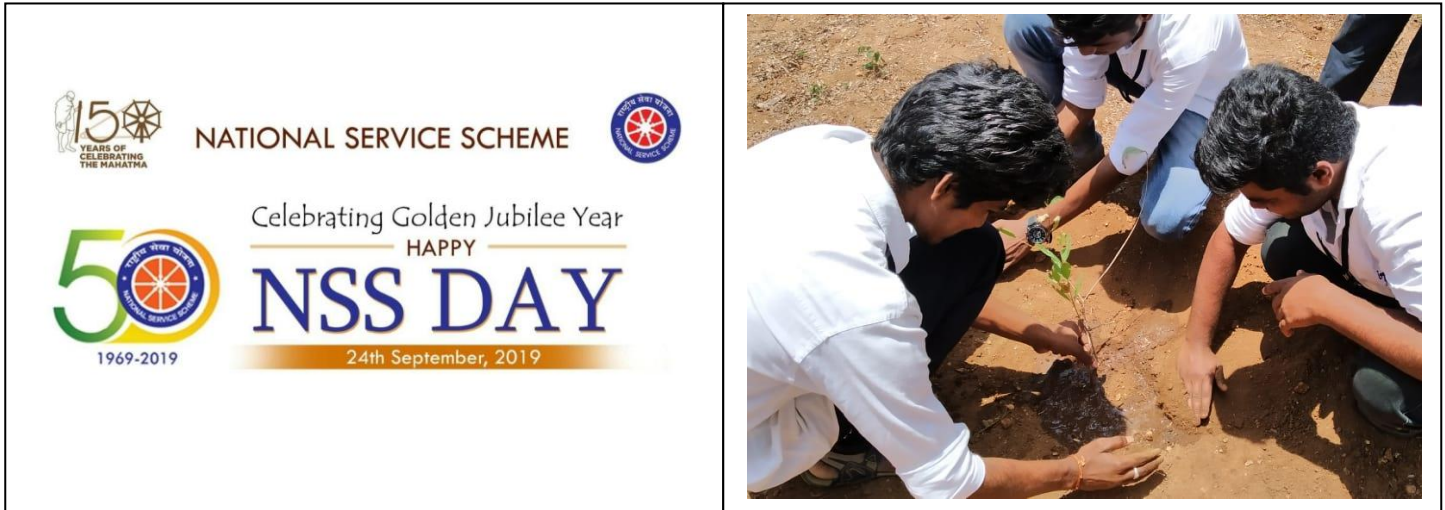
12. Teachers Day Celebration on 05.09..2019



13. Gandhi 150" International Peace Festival celebration drawing competition on 09.09.2019



14. NSS 50 Golden jubilee year celebrated in CASC campus on 24.09.2019



15. Mr S.Suresh Raj from Dept of Electronic Won Silver medal in Bharathiar University Decathlon meet on 11.12.2019



17. Mr Karthik & Mr sanjay to represent Tamilnadu Football team above 19 years and won Silver Medal in Tamilnadu youth & Sports Development Association of India organize 2nd National Federation Championship - 2019, at Goa on 26.11.2019 & 27.11.2019.



18. Young Student Scientist Program on 29.11.2019



19. Kavalan SOS on 12.12.2019



20. State Level Kho-Kho & Kabadi tournament on 13.12.2019



SMS College of Arts & Science - Coimbatore

Department of Tamil

- 1. Inauguration of Muthamizh Mantram on 29.8.19 . Ms.P.Mei Sri, Radio Jockey was the chief guest**



Parai Aatam – பறையாட்டம்





Department of Social Work

2. **World humanitarian day** Seminar was organised on 19th aug,2019 , Best Humanitarian Award was given to Mr.Vijaya kumar, social worker, for his valuable noble service. Mr.Prince, Director, LEAP United Organisation was the resource person.



3. **HIV awareness** programme at high school On 22nd Aug 2019, organised by Shanthi Ashramam NGO.



4. **World senior citizen day** was celebrated on 21st Aug,2019 in St.Joseph Old Age Home, Podanur by our social work students along with NSS Students.



5. **Awareness programme on safety of children** on November 2019 to the children at perur.



Department of computer science

6. **Guest lecture** on 12.7.2019 in the topic of “Game Designing” by Mr.A.RinasudeenAshraf, Software engineer .



Department of Visual Communication

7. **World Photography Day** and Photography exhibition on August 19th 2018. Miss. Jeeva Chandrakumar (cine photographer) was Chief Guest .



8. **Guest Lecturing on Film Production** on 18/9/2019 by Kovai Sathish, Aravind (Director)



9. **Seminar** on 2/10/19 under the title ‘**Social media & Current media trends**’ by Mr Gabriel devadoss (Anchor Kalingar Tv)



DEPARTMENT OF MATHEMATICS

10. ONAM CELEBRATION



Freshers day 2019

11. Freshers day was organised in the month of June 2019 for the better relationship among the students



12. World population day was observed on 11.7.2019 ,



International Yoga Day

13. International yoga day was observed on 21st June 2019 .



14. Inaguration of TAMILNADU PUBLIC SERVICE COMMISSION (TNPSC) Coaching classes ,

Dr.Nataraj, (Retd) IPS Officer, Former Chairman of TNPSC was the chief guest.



Film show named **Katravai katrapin**

15. “Katravai katrapin” film which shows the (importance of Education) ,was projected on 25.9.2019 by Centre of Children’s Films for Education.



16. **KAVALAN SOS** is an awareness session about safety of women , organized on 11th December 2019.
Mr.Sugavanam, Inspector of Police, Perur has given the training on Safe guarding oneself with Kavalan SOS Mobile App



Department of Physical Education - SPORTS MEET 2019

17. State level Kabadi and kho-kho meet for the school students was on 26th and 27th sep 2019. 106 Schools with more than 1000 students participated in the event .



18. Cheran Trophy and Cash Prize to the winners.



19. Inter departmental Competations

(1).Kho – Kho



(2).Volley Ball



Training & Placement

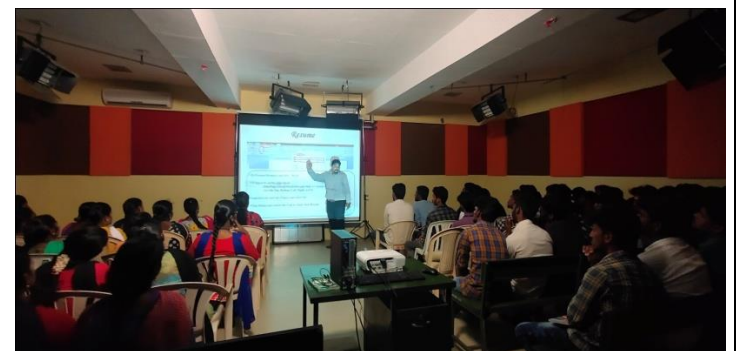
Training Session for our students was given on

(1).Resume Writing , (2) How to face an interview ?, (3) Tips to clear an interview .

1. Placement Training (1) - Cheran college for women on 9 Dec 2019.



2. Placement Training (1) - Cheran Arts and Science College on 11 Dec 2019.



3. Placement Training (1&2) - SMS College on 16 Dec 2019.



4. Placement Training (2) - Cheran Arts and Science College on 17 Dec 2019.



5. Placement Training (2) - Cheran college for women on 19 Dec 2019.



Placement Drive 2019 - 2020

For the final year students of “Cheran Group of Institutions” on 21 Dec 2019.

(1) .SMS College of Arts and Science – **140**. (2). Cheran College for Women – **83**. (3). Cheran Arts and Science College – **64**.

287 Students have **participated** out of which **230** students got **selected** and totally **337 Offers** were **received** by our students.



(1) SMS College of Arts and Science – Perur, Coimbatore.



(2) Cheran Arts and Science College – Tituparai, Kangayam.



(3) Cheran College for Women – Padiyur, Tirupur.



MESSAGE FROM CHIEF ACADEMIC OFFICER, CHERAN GROUP OF INSTITUTIONS.

We, all six of our education institutions perform our Academic, Co Curricular and Extra curricular activities individually for the overall personality development of our students. The present state of affair is that it is not even known to the Faculty and students of our other sister institutions. Ultimately the parents of our students , our alumni and the Public must know what is happening in Cheran Group of institutions. To enlighten them it is now arranged to bring out a e News letter, every month. The readers of this e Newsletter get an opportunity to know well on the events that had taken place in the respective colleges, the participation of their wards in the activities of each college. It is to be remembered that all these events are possible only with the financial and moral support of our Management and the Grace of God. We wish you a good time ahead.



OUR MISSION & VISION

Mission

To generate new knowledge by engaging students in outstanding and innovative research; to promote academic growth by offering excellent professional education and state-of-the-art facilities, and to produce pharmacists who are independent and are dedicated to providing a better quality of life.

Vision

To contribute the Indian society and the World through excellence in professional, scientific, and technical education to serve as a valuable resource for industry and society to remain as a source of pride for all Indians.

